

TEMPS INDICATIFS POUR LA SAISON 2018 - 2019 (1a)

* = Réalisation en bassin de 25 m

** = Réalisation en bassin de 50 m

Discipline	* CH.DU MONDE à Hangzhou (25m) 03.-08.12.2018 Dél. 01.08.17 - 22.11.18	** JPEE 2019 à MONTE NEGRO 28. - 31.05.2019 Dél. 01.05.18 - 29.04.19	** Temps Indicatifs CEJ 2018 / 50m KAZAN (RUS) 03.07 - 07.07.2019 Délai: 16.05.2018 - 16.06.2019				** 18TH Fina World Championships Gwangju 21 .- 28.07.2019 Délai: 01.03.2018 - 03.07.2019		** Critères CSE 2017-2020
	Messieurs	T.indicat.de la FLNS (open)	T.indicat.du COSL	JG 2001	JG 2002	JG 2003	JG 2004	A - 2 Entries	B - 1 Entry
50 m NL	00:22,47	00:23,85	00:24,16	00:24,39	00:24,51	00:24,63	00:22,18	00:22,96	00:23,27
100 m NL	00:49,45	00:52,69	00:52,41	00:52,92	00:53,17	00:53,42	00:48,80	00:50,51	00:51,41
200 m NL	01:48,70	01:56,57	01:54,76	01:55,87	01:56,43	01:56,99	01:47,40	01:51,16	01:52,75
400 m NL	03:51,93	04:08,70	04:03,50	04:05,84	04:07,01	04:08,18	03:48,15	03:56,14	03:58,77
800 m NL			08:26,27	08:31,14	08:33,57	08:36,01	07:54,31	08:10,91	08:10,91
1500 m NL	14:59,72	16:03,13	16:06,59	16:15,89	16:20,53	16:25,18	15:07,38	15:39,14	15:39,64
50 m Dos	00:24,82	00:27,43	00:27,36	00:27,63	00:27,76	00:27,89	00:25,17	00:26,05	00:26,18
100 m Dos	00:53,42	00:57,97	00:58,61	00:59,18	00:59,46	00:59,75	00:54,06	00:55,95	00:56,56
200 m Dos	01:57,32	02:08,55	02:08,32	02:09,57	02:10,19	02:10,81	01:58,34	02:02,48	02:03,48
50 m Br.	00:27,71	00:29,61	00:30,17	00:30,46	00:30,61	00:30,75	00:27,39	00:28,35	00:28,47
100 m Br.	01:00,21	01:05,33	01:06,23	01:06,88	01:07,20	01:07,52	00:59,95	01:02,05	01:02,78
200 m Br.	02:11,27	02:23,22	02:23,60	02:25,00	02:25,69	02:26,39	02:11,00	02:15,59	02:17,78
50 m Pap.	00:24,03	00:25,59	00:25,48	00:25,73	00:25,85	00:25,98	00:23,66	00:24,49	00:24,50
100 m Pap.	00:53,36	00:56,73	00:56,22	00:56,76	00:57,04	00:57,31	00:51,96	00:53,78	00:55,34
200 m Pap.	01:58,86	02:07,67	02:06,63	02:07,86	02:08,48	02:09,09	01:56,71	02:00,80	02:02,60
100 m 4N	00:55,31								
200 m 4N	02:00,71	02:11,99	02:09,54	02:10,80	02:11,43	02:12,06	02:00,22	02:04,43	02:06,82
400 m 4N	04:19,29	04:38,12	04:37,50	04:40,17	04:41,50	04:42,83	04:17,90	04:26,93	04:27,43
4x100 m NL		03:34,49					1 Team		03:26,38
4x200 m NL		07:48,02					1 Team		07:29,81
4x100 m 4N		03:56,17					1 Team		03:47,51
D a m e s	T.indicat.de la FLNS (open)	T.indicat.du COSL	JG 2002	JG 2003	JG 2004	JG 2005	A - 2 Entries	B - 1 Entry	T.indicat.du COSL
50 m NL	00:25,46	00:26,81	00:27,17	00:27,43	00:27,56	00:27,69	00:25,04	00:25,92	00:26,16
100 m NL	00:55,66	00:58,20	00:58,61	00:59,18	00:59,47	00:59,75	00:54,49	00:56,40	00:56,77
200 m NL	02:00,59	02:07,49	02:07,24	02:08,48	02:09,09	02:09,71	01:58,66	02:02,81	02:02,46
400 m NL	04:15,95	04:26,10	04:27,80	04:30,37	04:31,66	04:32,95	04:10,57	04:19,34	04:15,75
800 m NL	08:53,74	08:58,71	09:11,82	09:17,13	09:19,78	09:22,44	08:38,56	08:56,71	08:45,58
1500 m NL			17:35,06	17:45,20	17:50,28	17:55,35	16:32,04	17:06,76	17:06,76
50 m Dos	00:27,96	00:30,65	00:30,51	00:30,80	00:30,95	00:31,10	00:28,22	00:29,21	00:29,52
100 m Dos	01:00,11	01:05,41	01:05,42	01:06,06	01:06,37	01:06,69	01:00,59	01:02,71	01:03,60
200 m Dos	02:11,64	02:19,93	02:20,84	02:22,21	02:22,89	02:23,58	02:11,53	02:16,13	02:14,57
50 m Br.	00:31,77	00:33,30	00:33,57	00:33,89	00:34,06	00:34,22	00:31,22	00:32,31	00:32,31
100 m Br.	01:08,50	01:13,56	01:13,25	01:13,96	01:14,32	01:14,68	01:07,43	01:09,79	01:10,80
200 m Br.	02:29,66	02:38,12	02:37,97	02:39,50	02:40,27	02:41,03	02:25,91	02:31,02	02:32,31
50 m Pap.	00:27,18	00:27,67	00:28,61	00:28,89	00:29,03	00:29,17	00:26,34	00:27,26	00:27,42
100 m Pap.	01:00,31	01:02,97	01:03,49	01:04,11	01:04,41	01:04,72	00:58,48	01:00,53	01:00,47
200 m Pap.	02:14,30	02:19,86	02:22,55	02:23,94	02:24,63	02:25,32	02:09,21	02:13,73	02:14,50
100 m 4N	01:03,35								
200 m 4N	02:17,09	02:23,24	02:24,31	02:25,71	02:26,41	02:27,12	02:13,03	02:17,69	02:17,81
400 m 4N	04:53,35	04:52,95	05:01,84	05:04,75	05:06,20	05:07,65	04:43,06	04:52,97	04:45,80
4x100 m NL		03:54,12					1 Team		03:45,52
4x200 m NL		08:31,56					1 Team		08:11,34
4x100 m 4N		04:24,64					1 Team		04:14,30

Les temps indicatifs de la FLNS doivent être nagés obligatoirement avec chronométrage électronique et être réalisés au 1/100e de seconde.

Les nageurs (ses) ayant réalisé un temps indicatif sont présélectionnés.

Pour une sélection éventuelle, une participation régulière (70% au moins) aux entraînements fédéraux et une progression actuelle de la performance personnelle seraient un atout. Le CA de la FLNS se réserve cependant le droit de décision concernant la sélection définitive d'un (e) nageur (se).